

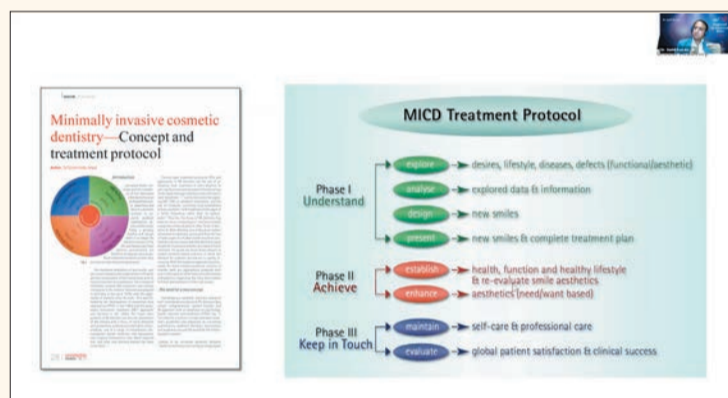
# Over 6,300 dental professionals joined the first-ever virtual MiCD Regional Symposium 2021

By Dental Tribune MEA

SINGAPORE: MiCD (Minimally Invasive Cosmetic Dentistry) Regional Symposium, initially planned as a face-to-face gathering, took place virtually for the very first time, catering to 6,311 dental professionals from around the world with a majority from Asia-Pacific and Middle East regions.

The MiCD Regional Symposium – Livestream event took place on 02-04 September 2021 with two evening sessions 02-03 September 2021 (19:00 - 22:00 Singapore time) and one afternoon session on 04 September 2021 (13:00 - 16:00 Singapore time) catering to the Asia-Pacific and the Middle East regions.

The event was initiated by the MiCD Global Network, organized by CAPP in partnership with Shofu. A select group of internationally renowned speakers shared their best practices, featuring Dr Sushil Koirala, Nepal (Founder – MiCD Global Academy), Prof Satoshi Imazato, Japan; Dr Jose Roberto Moura, Brazil; Dr Anand Narvekar, India; Dr Marcelo Lasmar, Brazil; Dr Sonny Burias, Philippines; Dr Hussein Naama, Iraq and Dr Amit Gulati, India. The three-day series was moderated by some of South-East Asia's most experienced moderators including Dr Ronny Yap, Singapore; Dr Kimberly Fajardo, Philippines, and the refreshing Dr Cez Margaret Acero, Philippines who represents the next generation of dentists through digital content



Lecture of Dr Sushil Koirala, Nepal

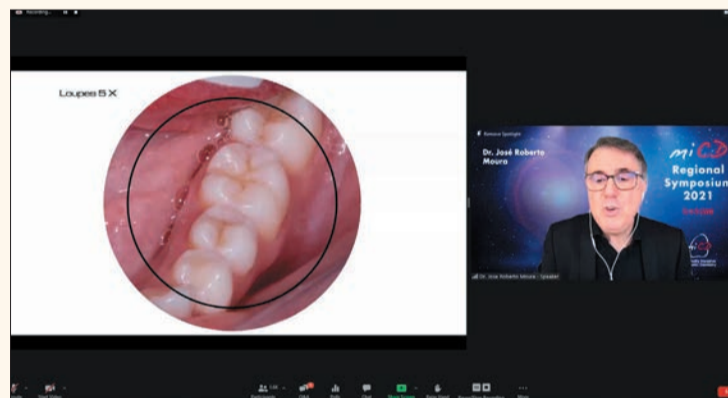
creation on her blog 'Life Beyond Dentistry'.

### Day 1 – 02 September 2021

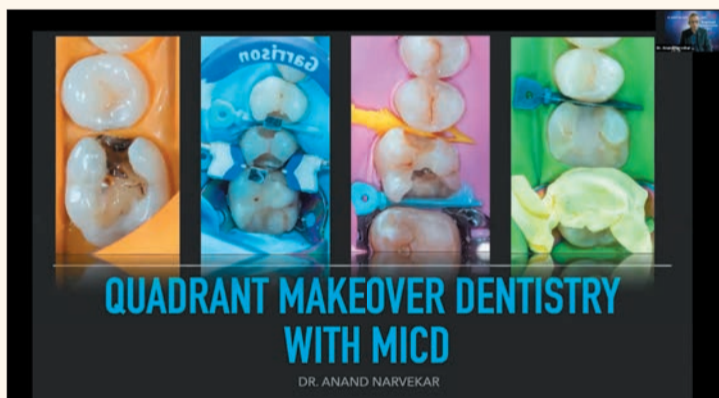
The MiCD Regional symposium kicked off with Dr Sushil Koirala, Nepal who is known as the founder of the MiCD Global Academy. His presentation focused on MiCD in the post-pandemic era – highlighting the 4P's to success. The lecture covered MiCD philosophy, protocol, practice, and partnerships (4P's), fo-

cus on the importance of simple restorations (alignment, brightening and contour) whilst understanding aesthetics form and function at a low biological cost. His final take-home message was to focus on case documentation, discussion, do no harm, and knowledge dissemination (4D's). Dr Jose Moura, Brazil followed the opening with a presentation on the role of precision in MiCD, with a detailed focus on magnification, lighting, and ergonomics in daily practice.

Special attention was placed on operative microscopes having a learning curve and the essential role of bioactive direct composites to obtain long-lasting results. The day concluded with Dr Anand Narvekar who explained the multiple advantages of quadrant dentistry approaches, how increasing bond strength ensures restoration longevity and showcased IDS and DME techniques as part of the improvement in clinical outcomes. Dr Kim Fajardo, Philippines moderated the session and provided a moderator's take while summarizing the day's key take-home messages from the speakers.



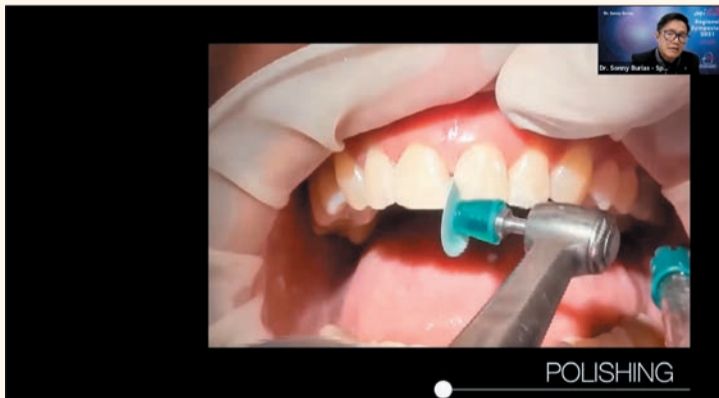
Lecture of Dr Jose Roberto Moura, Brazil



Lecture of Dr Anand Narvekar, India



Lecture of Dr Marcelo Lasmar, Brazil



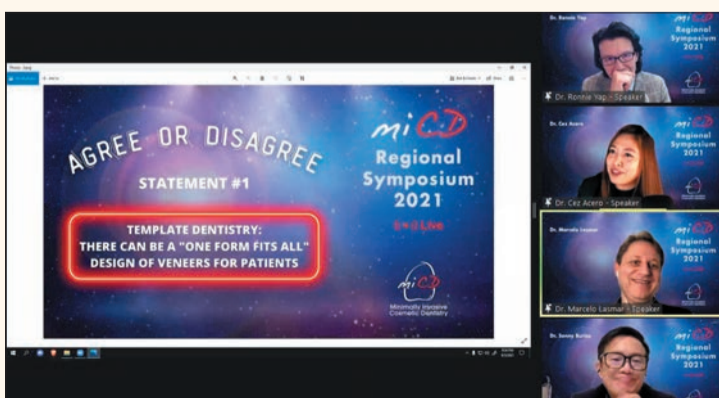
Lecture of Dr Sonny Burias, Philippines

### Day 2 – 03 September 2021

The second day of the MiCD Regional Symposium was moderated by Dr. Ronnie Yap, Singapore and included lectures by Dr Marcelo Lasmar, Brazil and Dr Sonny Burias, Philippines. Dr Marcelo focused on sports dentistry and showcased how MiCD can have long-term health benefits for athletes emphasizing the importance of prevention and treatment of oral issues such as tooth wear. Dr Sonny presented the practical approach to MiCD with direct composite restorations, covering the benefits of adopting MiCD, expanding clinical applications of direct restorations to detailed case analysis on simplified layering techniques to achieve predictable results. Day 2 marked the highlight of the regional symposium with a compelling panel discussion moderated by Dr Cez Margaret Acero, Philippines, entertaining the virtual audience by engaging with the panelists Dr Ronnie Yap, Dr Sonny Burias and Dr Marcelo Lasmar., on how MiCD can be adopted in clinical practice, addressing the current trend of "Less is IN" while embracing MiCD in the new normal.



The Panelists and the moderator during the Panel Discussion

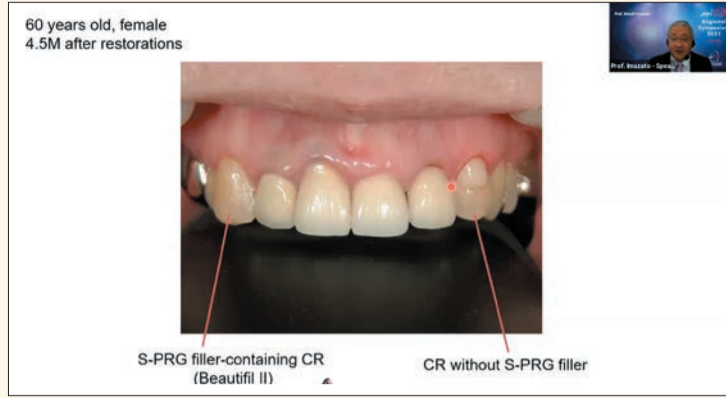


Panel discussion

### Day 3 – 04 September 2021

The MiCD Regional Symposium concluded with three lectures on Day 3, including Prof Satoshi Imazato from Japan who provided a very detailed evidence-based presentation on bioactive restoratives containing S-PRG Filler technology and their role in achieving aesthetics and longevity. Following the session, Dr Hussein

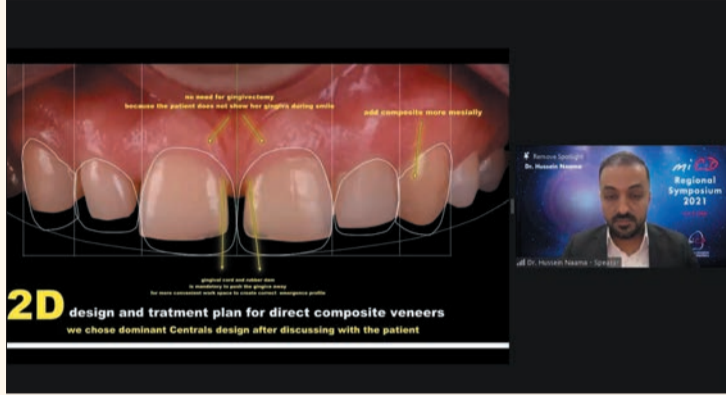




Lecture of Prof Satoshi Imazato, Japan



Lecture of Dr Amit Gulati, India



Lecture of Dr Hussein Naama, Iraq



Closing Address by Mr Patrick Loke, Singapore

**Closing Ceremony**

Mr Patrick Loke, Managing Director, Shofu Dental Asia-Pacific Pte Ltd, provided a heartfelt closing speech addressing the virtual audience by thanking all speakers, moderators, guests and dental professionals for their attendance and support during the current ongoing global pandemic. Mr Loke commented, "Although minimally invasive cosmetic dentistry has been practised in the United States since 20 years back, it has not been advocated enough, to reach everyone in the dental fraternity. About 11 years ago; Dr Sushil Koirala conceptualized the treatment and educational protocols for MiCD with a few like-minded dentists in order to promote this movement and provide skill-based training in the Asia-Pacific region. Since then, Shofu has been the official partner of the MiCD Global Network and the MiCD Global Academy". Mr Patrick Loke concluded the session by welcoming all dental professionals to join the MiCD Global Network and adopt the MiCD concept and treatment protocols in their daily clinical practice. [DTI](#)

To find out more, go to: <https://www.cappmea.com/micd-symposium>

Naama from Iraq provided a cosmetic dentistry artistry masterpiece by showcasing multiple clinical cases where he focused on identifying smile defects and careful treatment

planning using smile design. Dr Amit Gulati ended the scientific program with his views on the preservation of tooth structure, utilizing direct composites, aesthetic planning us-

ing DSD and the use of injectables. Dr Cez Acero, Philippines concluded the session with the moderator's take providing a summary, highlighting the key insights and learning of the

day before handing over for the closing remarks by the organizers.